



Strategic Coaching & Consulting for Work, Life and Legacy

Break the Inner Critic Cycle in 90 Days!

- ❖ Are there certain people or situations that leave you feeling disempowered, defensive or disengaged?
- ❖ Are you hard on yourself and consistently think "I should"?
- ❖ Do you feel stuck or limited at work?

Consider what you could accomplish if you learned how to quiet your inner critic . . .

"Break the Inner Critic Cycle in 90 Days" and get:

- ✓ **Grounded in a personal mission statement**
- ✓ **Clarity on who your inner critic really is (and is not)**
- ✓ **An ability to debunk the myths of your inner critic**
- ✓ **An ability to erase inner critic beliefs & replace them with empowered attitudes**
- ✓ **A personalized action plan & success tools for quieting your inner critic for good!**
- ✓ **An accountability partner to keep you on track towards your goals**

"Break the Inner Critic Cycle in 90 Days" is delivered as a 3x3x3 Coaching Package (3 individual coaching sessions, 3 accountability check-ins, 3 months)

Coaching Package Value: \$675
Special Summer Offer: **\$498.00** (3 installments of \$166)

Offer expires August 31, 2011

Break free from your inner critic & discover your true voice!

Call Marcie TODAY to get started! 708-373-9613

Attitude. Action. Accountability.

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